



Gail Sheehy

Life Cycle Expert & Best-Selling Author of 'Passages'

As the best-selling author of 15 books, including *Passages*, Gail Sheehy has rocked the culture and changed the way millions of women and men around the world look at the stages of their lives.

Sheehy's revolutionary *Passages* (1976) remained on The New York Times Bestseller List for more than three years and has been reprinted in 28 languages. A Library of Congress survey named *Passages* one of the ten most influential books of our time. In *The Silent Passage* (1992), she broke the taboo surrounding menopause and opened a dialogue vital to maturing women's health. In *New Passages* and *Understanding Men's Passages* (1995) she revisited the stages of adult life and mapped out a completely new frontier entitled "second adulthood."

In *Sex and the Seasoned Woman: Pursuing the Passionate Life* (2006), she lent her observant eye to the opportunities and challenges facing women concerning sex, dating, new dreams, divorce, remarriage, and living passionate lives in their "second adulthood."

In 1999, Sheehy culminated her first decade of Hillary-watching with the biography *Hillary's Choice*, which explores the personal ambitions and vulnerabilities that drive the world's most public woman.

Her response to the terrorist attacks of 2001 was the book *Middletown, America: One Town's Passage from Trauma to Hope*, which provided an insightful chronicle of the trauma and struggle through the microcosm of one New Jersey town.

As a literary journalist, Gail Sheehy was one of the original contributors to *New York Magazine*. A contributing editor to *Vanity Fair* since 1984, she won the Washington Journalism Review Award for Best Magazine Writer in America for her in-depth character portraits of national and world leaders, including both Presidents Bush, Bill and Hillary Clinton, Newt Gingrich, Margaret Thatcher, Saddam Hussein, and Mikhail Gorbachev. She is a seven-time recipient of the New York Newswomen's Club Front Page Award for distinguished journalism.

One of the most popular speakers on the lecture circuit, Gail Sheehy offers dynamic programs based on her groundbreaking investigations and observations of the lives of men and women within different phases of their lives and how they can enjoy them to the fullest.



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